



# Nashoba Neighbors

BERLIN • LANCASTER • BOLTON



**“Joy is increased by spreading it to others.”**

Robert Murray McCheyne

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**Do you want to  
know what  
Nashoba  
Neighbors is  
about? Learn more  
from a Bolton  
Access TV  
interview with  
Catherine Pfau.**

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We had an amazing presentation by an AARP Representative on their HomeFit Program. We learned about solutions for creating a "lifetime" home. For more information, you can go to the [HomeFit Guide](#). Here are some helpful ideas designed for safety and comfort.

1. Install railings on both sides of staircases.
2. Place electrical and phone cords along a wall where they won't be a tripping hazard.
3. Replace traditional toggle-style light switches with larger, easier-to-use rocker-style switches.
4. Make sure your address number is clearly visible from the street so emergency responders can locate the home.
5. Place automatic plug-in nightlights in hallways, bathrooms, and near steps.

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**Nashoba Neighbors Website**

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Would you like to help  
with the founding of  
Nashoba Neighbors?

We are seeking a  
Treasurer, if you  
or anyone you  
know may be  
interested, please  
contact us.

Like our FaceBookPage

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**Our mailing address is:**

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